

Lake Region Skating Club

# LRSC

October 2010

## Family Skate Begins Sunday Oct. 10<sup>th</sup>, 3:00-6:30

### Family Skating Expectations

- Please do not walk on the ice without skates.
- Please do not bring chairs on the ice-it is very dangerous.
- The basic skills lessons will be held on the back portion of the ice. Cones will be spread out on the far blue line. Skaters should only cross this barrier when entering or exiting their lessons. While free-skating use the open ice, not the lesson area.
- Snow Plow Sam skaters will enter in the door past the penalty box. Parents you may walk your children down to assist them onto the ice and watch their lesson from the bleachers. We will have experienced skaters assisting with these lessons.
- Skaters will not be allowed in the penalty box to change the music during family skate because the music player is easily damaged.
- Please stay at the rink to monitor your children.
- Occasionally, due to hockey tournaments, Family Skating may be delayed. Please check the weekly Park Board schedule for any changes in ice time. This will not affect the order in which lessons are given, just the time each class starts.
- Beginning skaters are STRONGLY encouraged to wear elbow and kneepads as well as a helmet.
- Beginning skaters should wear clothing that is warm and allows for adequate movement.



Bring a Buddy for  
Family Skate!

**Sunday, 10/17**

*Pick up a voucher for your friend at  
Family Skating on Sun., Oct. 10<sup>th</sup>, or  
Wed., Oct. 13.*

*Guests will need to sign a waiver.*

Check out our website: [lrskating.com](http://lrskating.com)

## Competitor's Dress Code

Competitive skaters will wear skating dresses or skirts with over the boot tights, or skating pants. Competitive skaters will not be permitted to wear frayed or flared pants, pajama pants, or any other clothing deemed inappropriate or dangerous by the Skating Director.

## Fundraising Update!

The Steak Fry at Lotta's on August 7<sup>th</sup> earned \$810! This money will be used to defray the cost of ice and coaches salaries.

We will begin selling wreaths and pies for the holiday season on October 6<sup>th</sup>. Please read the attached pamphlet for more information on this great opportunity to support our Skating Club!

## Mark Your Calendar

### October 17<sup>th</sup> -2:30 General Meeting

Please come to meet the coaches, meet the board members and discuss the upcoming year.

### October 20<sup>th</sup> - 4:00 Christmas Exhibition Planning Meeting

### October 24<sup>th</sup> - 4:00 Spring Ice Show Planning Meeting

We will need help planning costumes and music.

### December 19<sup>th</sup> - 4:00 Christmas Exhibition

Basic Skills skaters will be performing a number for parents and competitors will exhibit their performances.

### March 18<sup>th</sup>, 19<sup>th</sup>, and 20<sup>th</sup> - 65<sup>th</sup> Annual Ice Show

Please note that the Ice Shows will be performed at 7:00 **Friday** evening, 7:00 **Saturday** evening, and 2:00 **Sunday** afternoon.

## Family Skating Schedule Sunday, October 10th

3:00 - 3:20 -

*Place all new skaters into levels*

3:20 - 3:40

Snow Plow 1 & 2

3:40 - 4:00

Snow Plow 3

4:00 - 4:20

Basic skills 1,2,3,4

4:20 - 4:40

Basic Skills 5

4:40 - 5:00

Basic Skills 6

5:00 - 5:20

Basic Skills 7 & 8

5:20 - 5:40

Freestyle 1

5:40 - 6:00

Freestyle 2

6:00 - 6:30

Freestyle 4,5,6

*If you do not know what level your child is - groups are posted on our bulletin board at the Burdick Arena.*

**Please check the board at the rink and the website for updated schedule information.**

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